

3333 North Front Street, Harrisburg, PA 17110 | Ph: (717) 233-1681



### August 17, 2017 Agency News and Events

## 2017 FRIENDS CAMPAIGN IS COMING TO A CLOSE; HELP US MAKE A DIFFERENCE

Our 2016-2017 annual Friends Campaign is reaching its end, but you still have time to make your gift! This year's campaign ends August 31, 2017.

You should have received a letter in the mail thanking you for your past support of JFS and reminding you why your commitment is so important. (see a generic letter here.)

It has been a busy year at JFS, during which we have:

- Nearly doubled our counseling sessions to 60 a week and tripled our monthly referrals to 18
- Secured a grant from the Dauphin County Gaming Commission for capital improvements to our Front Street offices
- Lent support to a grassroots initiative to assist Syrian refugees coming to Harrisburg



If you haven't yet made your gift to the 2016-2017 Friends Campaign yet, please consider a new or increased contribution. If you have already made

# JFS AND PENNSYLVANIA PSYCHIATRIC INSTITUTE PRESENTED MENTAL HEALTH TRAINING

Just as CPR helps you assist an individual having a medical crisis, Mental Health Training helps you assist someone experiencing a mental health or substance use-related crisis. On June 21, 2017 Jewish Family Service (JFS) in collaboration with Pennsylvania Psychiatric Institute (PPI) trained 22 individuals to support a friend, coworker or loved one by identifying signs and symptoms



associated with a mental health illness or crisis and strategies for how to respond to someone in both crisis and non-crisis situations, and where they could access appropriate support and resources.



Taught by Ruth Moore, Board Member of JFS and Director of Business Development and Admissions at PPI, the training covered the following topics: depression and mood disorders, anxiety disorders, trauma, psychosis and substance use disorders. She addresses issues related to recovery and resiliency as well as detailed how individuals experiencing these challenges could be stabilized using coping strategies that promote wellness. Ruth Moore is a Certified Mental Health First Aid Instructor.

The next FREE scheduled training will take place on Sunday afternoon, October 1st from 1:00 - 5:00pm at

the JCC in the Henry Miller Room. Please contact Ruth Moore at rmoore@papsychinst.org or Barry Stein at bstein@jfsofhbg.org if you would like to register for this session.

#### WHAT WILL YOUR LEGACY BE?

Below are postcards for the Legacy Campaign created by children to honor our Legacy donors

This past year, Jewish Family Service was able to secure over 25 letters of intent from community members making us eligible to receive a grant from the Jewish Community Foundation of Central PA. Please help us



sustain our life-saving services in the future. Read more about why you should remember JFS in your estate planning <a href="here">here</a>.

Sign your Letter of Intent today! See a list our LOI signers here.



#### **THANK YOU**



JFS was recently awarded a grant from the Jewish Community Foundation of Central PA's Harrisburg Haverim Society Fund. Every year, funds are distributed to one organization or divided between multiple organizations, at the discretion of the voting members. This year, JFS received \$600 for the Jewish Family Assistance Fund (JFAF).

The grant will enable Jewish Family Service to give a little extra support to families and individuals who may experience short-term

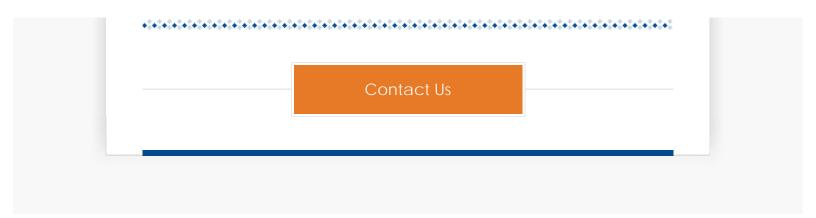
financial trouble. JFS is proud to support people of all backgrounds as they

confront life's ups and downs. Grants like this one demonstrate that we can work together to fulfill our commitment to tikkun olam, repairing the world.

## JCC CAMPERS HELP RESTOCK THE SHELVES AT THE JFS FOOD PANTRY



This group of JCC day campers assisted bringing 3 wagons full of food to JFS. The camp asks for families to bring in donations every year during Color War Week. As you can see, they did a great job stepping up to the plate!



Jewish Family Service of Greater Harrisburg Inc., 3333 North Front Street, Harrisburg, PA 17110

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