



3333 North Front Street, Harrisburg, PA 17110 | Ph: (717) 233-1681



December 23, 2016 Agency News and Events

HAPPY CHANUKAH!



Happy Chanukah on behalf of the Board, Volunteers, and Staff of Jewish Family Service. We thank you and wish you and your family a joyous holiday

season filled with much celebration and love!

LEARN TO COPE WITH STRESS BY MAKING CHANGES THROUGH THERAPY



For many of us there are times in our lives when we feel we are challenged beyond our ability to cope. Events are unfolding, relationships are changing, or demands are made on us to which we are unable or reluctant to respond. Depression and sadness may have taken hold. Whatever is holding you back from being your best, there are options at Jewish Family Service for you. Click [here](#) to continue reading Bryna Sherr's article about ways to cope with stress.

ANNUAL FRIENDS CAMPAIGN



By now, you should have received a JFS Friends Campaign Letter. Make sure to look for a [reminder postcard](#) (left) in the mail as well. For those of you who have already made your contribution, THANK YOU!

For those who have not yet donated, please remember us in your end of the year giving.

Please give generously to ensure that JFS will continue to thrive. Let's give our Friends Campaign an early and successful start!

JFS Annual Friends Campaign: September 1, 2016 - August 31, 2017

MY HERO BROTHER

JFS is collaborating with the Jewish Film Festival to bring you a unique film which will screen at the JCC on **Sunday, January 22, 2017 at 6:30pm.**



The film, entitled "My Hero Brother," is an Israeli production about a group of young adults who take their siblings with Down syndrome on a mountain climbing adventure in the Himalayas. Major themes highlighted in the film, including "coping with pain and hurt" and "the power of family relationships," are well aligned with the services we provide through JFS. Click [here](#) to see the trailer.

This special event will include a pre-screening reception at 5:30pm. The film will begin at 6:30pm and will be followed by a Q&A with filmmaker, Yonatan Nir. Tickets are \$10 each at the door or online at jewishharrisburg.org. This event is being generously underwritten by Capital BlueCross, and ticket proceeds will help support JFS services.

For more information about the "My Hero Brother" project or the film, click [here](#).

Contact Us

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