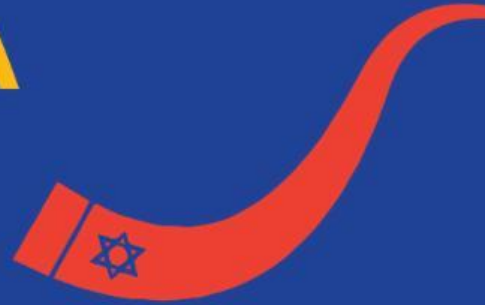




JFS AGENCY
NEWS AND UPDATES
September 6th, 2018



**SHANA
TOVA
5779**



***JFS WISHES YOU A HAPPY
AND HEALTHY NEW YEAR!***

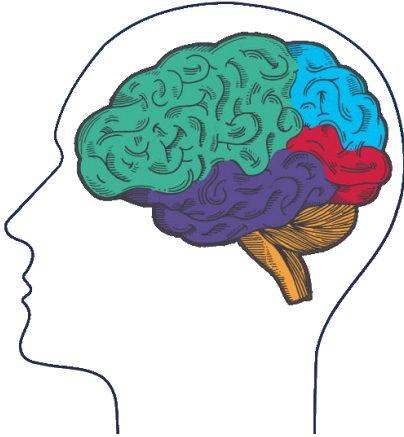
On behalf of the Board, staff, and volunteers of Jewish Family Service,
we thank you and wish you and your family a happy and healthy New Year.
May you be written and sealed in the book of life for the new year.

The New Year is the perfect time to reflect and plan for the future.

Make sure to keep JFS in mind and heart as you think about estate planning.

Please help us insure our future by participating in the JFS Legacy Initiative. [Click here for more information](#), or contact [Barry Stein](#), JFS Executive Director, at (717) 233-1681.

Attend the American Mental Wellness Association National Conference!



[Click for Conference Info and Details](#)

The American Mental Health Awareness Association will present a **National Conference on November 19 and 20 at the Hershey Lodge, 325 University Dr., Hershey, PA.** The conference will include workshops, panel discussions, and lectures addressing the importance of Mental Wellness in the Workplace, the Military, the Classroom, the Home, and in Sports. Elaine Strokoff, JFS Service Coordinator will participate in the Healthier Mind is a Happier Life In the Community-Workshop 6.

Elaine recognizes the relationship between mental wellness and community life, with over 21 years of experience in the field. Since March 2017, Elaine has worked on a JFS Mental Health Case Management Program (MHCM) which has succeeded in providing emergency assistance, case management, and financial support to those at risk of "falling through the cracks." The MHCM Program offers short-term, personalized interventions to make an immediate and lasting difference in the lives of people it serves.

JFS strongly encourages you to attend the American Mental Health Wellness Conference to become more aware and educated about the importance of good mental health and how it affects every aspect of your life. **Please sign up today!**

Welcome New JFS Therapist Alyson Fogle!

Please join us in welcoming Alyson Fogle, LPC, to the JFS Family!

Alyson Fogle is a Licensed Professional Counselor and is a native to Harrisburg. She has an undergraduate degree in Psychology from Temple University and a Master's degree in Clinical and Counseling Psychology with a specialization in Addiction from Chestnut Hill College. Her treatment philosophy is to provide individualized treatment and clinical services that will aid the individual and the family in accomplishing individualized treatment goals and developing a life worth living.

She is currently an Assistant Director at an Adult Residential program focusing on Dialectical Behavioral Treatment. Alyson prides herself in her eclectic approaches and meeting clients where they are at. She utilizes a client-centered approach to create a supportive, nonjudgmental, and individualized experience from the initial intake until discharge.



JFS helps individuals and families meet life's challenges; we are a forward-thinking mental health and social service agency dedicated to helping people achieve their full potential while honoring choice, diversity, and Jewish values through every stage of life.

Visit our Website

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